

Discount half price Lamb mince and ?M? in our ?Ingredients Alphabet? had to be Minted Lamb Kofta really.



<u>Ingredients for the Kofta:-</u>

250g Lamb mince
1 tsp ground Cumin
2 tsp ground Coriander
2 Garlic cloves, crushed
1 tbsp dried Mint
Oil

<u>Method:-</u>

(1) Mix all the ingredients except the Oil.
(2) Form into Sausage shapes and push a skewer through the middle.
(3) Brush with Oil and grill until slightly browned on all sides.

We served ours with a little Chilli sauce, Turmeric boils Rice and a side salad.